



USER MANUAL – EN

IN 25991 Balance pad inSPORTline Bumy BC450





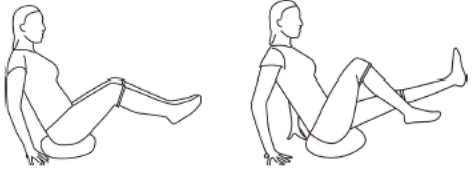

SevenSport s.r.o. reserves the right to make any changes and improvements to its product without prior notice. Visit our website www.insportline.eu where you will find the latest version of the manual.

SAFETY INSTRUCTIONS

- Please read the manual before use and keep it for future reference.
- Use the product only in accordance with the manual and only for the intended purpose. Do not make unauthorized modifications to the product.
- Place only on a flat, clean and non-slip surface. Maintain a sufficiently large safety distance from other objects.
- Keep out of reach of children and pets.
- Before use, warm up with warm-up exercises for at least 5 minutes. Stretch your upper body as well.
- Exercise sensibly and control your movements to avoid possible injury.
- Choose the most suitable intensity, type of exercise and number of repetitions to achieve the desired results. Maintain the correct load.
- Breathe continuously and do not hold your breath. Follow the drinking regime.
- After each exercise, let the muscles rest and calm down for at least 5-10 minutes.
- If you experience nausea or other negative symptoms, stop exercising immediately. Consult your doctor regarding the next procedure.
- Use of the product is not a substitute for professional medical care.
- Use the balance board only in safe areas away from furniture and other objects.
- Use on a flat and firm surface.
- Do not use on slippery surfaces.
- The balance pad is not suitable for use on beaches or places with unstable or slippery surfaces. There is a risk of falling.
- Do not expose the balance board to long-term sunlight, as it could be damaged and lose its shape.
- Learn to use the balance board slowly and carefully. In case you lose your balance, don't wait until you fall and try to jump off the board instead.
- Children under the age of 15 should only use the balance board under adult supervision and must be protected by them.
- Beginners should practice under adult supervision or with the support of more experienced users.
- Remember: use the balance cushion at your own risk.

- Only use a manual air pump to inflate.
- Maximum load capacity: 400 kg
- Category: H for home use

USE

	<p>Stand with one foot on the center of the balance pad. Balance for 8-12 seconds and then repeat with the other leg.</p>
	<p>Step on the center of the balance pad in a regular tempo. Move your arms as if you were walking.</p>
	<p>Rest your elbows on the balance pad so that your elbows are in line with your shoulders. Hold for 8-12 seconds, breathing regularly.</p>
	<p>By sitting on the balance pad, the balance pad will help improve your posture.</p>
	<p>Sit on the balance pad. Raise both legs to approximately 90°. Alternately straighten your legs and return to the starting position.</p>
	<p>Lie down and place your feet on the mat. Raise the pelvis and hold for 8-12 seconds.</p>

ENVIRONMENT PROTECTION

After the product lifespan expired or if the possible repairing is uneconomic, dispose it according to the local laws and environmentally friendly in the nearest scrapyards.

By proper disposal you will protect the environment and natural sources. Moreover, you can help protect human health. If you are not sure in correct disposing, ask local authorities to avoid law violation or sanctions.

TERMS AND CONDITIONS OF WARRANTY, WARRANTY CLAIMS

General Conditions of Warranty and Definition of Terms

All Warranty Conditions stated here under determine Warranty Coverage and Warranty Claim Procedure. Conditions of Warranty and Warranty Claims are governed by Act No. 89/2012 Coll. Civil Code, and Act No. 634/1992 Coll., Consumer Protection, as amended, also in cases that are not specified by these Warranty rules.

The seller is SEVEN SPORT s.r.o. with its registered office in Strakonická street 1151/2c, Prague 150 00, Company Registration Number: 26847264, registered in the Trade Register at Regional Court in Prague, Section C, Insert No. 116888.

According to valid legal regulations it depends whether the Buyer is the End Customer or not.

“The Buyer who is the End Customer” or simply the “End Customer” is the legal entity that does not conclude and execute the Contract in order to run or promote his own trade or business activities.

“The Buyer who is not the End Customer” is a Businessman that buys Goods or uses services for the purpose of using the Goods or services for his own business activities. The Buyer conforms to the General Purchase Agreement and business conditions.

These Conditions of Warranty and Warranty Claims are an integral part of every Purchase Agreement made between the Seller and the Buyer. All Warranty Conditions are valid and binding, unless otherwise specified in the Purchase Agreement, in the Amendment to this Contract or in another written agreement.

Warranty Conditions

Warranty Period

The Seller provides the Buyer a 24 months Warranty for Goods Quality, unless otherwise specified in the Certificate of Warranty, Invoice, Bill of Delivery or other documents related to the Goods. The legal warranty period provided to the Consumer is not affected.

By the Warranty for Goods Quality, the Seller guarantees that the delivered Goods shall be, for a certain period of time, suitable for regular or contracted use, and that the Goods shall maintain its regular or contracted features.

The Warranty does not cover defects resulting from (if applicable):

- User's fault, i.e. product damage caused by unqualified repair work
- Improper maintenance
- Mechanical damages
- Regular use (e.g. wearing out of rubber and plastic parts etc.)
- Unavoidable event, natural disaster
- Adjustments made by unqualified person
- Improper maintenance, improper placement, damages caused by low or high temperature, water, inappropriate pressure, shocks, intentional changes in design or construction etc.

Warranty Claim Procedure

The Buyer is obliged to check the Goods delivered by the Seller immediately after taking the responsibility for the Goods and its damages, i.e. immediately after its delivery. The Buyer must check the Goods so that he discovers all the defects that can be discovered by such check.

When making a Warranty Claim the Buyer is obliged, on request of the Seller, to prove the purchase and validity of the claim by the Invoice or Bill of Delivery that includes the product's serial number, or eventually by the documents without the serial number. If the Buyer does not prove the validity of the Warranty Claim by these documents, the Seller has the right to reject the Warranty Claim.

If the Buyer gives notice of a defect that is not covered by the Warranty (e.g. in the case that the Warranty Conditions were not fulfilled or in the case of reporting the defect by mistake etc.), the Seller is eligible to require a compensation for all the costs arising from the repair. The cost shall be calculated according to the valid price list of services and transport costs.

If the Seller finds out (by testing) that the product is not damaged, the Warranty Claim is not accepted. The Seller reserves the right to claim a compensation for costs arising from the false Warranty Claim.

In case the Buyer makes a claim about the Goods that is legally covered by the Warranty provided by the Seller, the Seller shall fix the reported defects by means of repair or by the exchange of the damaged part or product for a new one. Based on the agreement of the Buyer, the Seller has the right to exchange the defected Goods for a fully compatible Goods of the same or better technical characteristics. The Seller is entitled to choose the form of the Warranty Claim Procedures described in this paragraph.

The Seller shall settle the Warranty Claim within 30 days after the delivery of the defective Goods, unless a longer period has been agreed upon. The day when the repaired or exchanged Goods is handed over to the Buyer is considered to be the day of the Warranty Claim settlement. When the Seller is not able to settle the Warranty Claim within the agreed period due to the specific nature of the Goods defect, he and the Buyer shall make an agreement about an alternative solution. In case such agreement is not made, the Seller is obliged to provide the Buyer with a financial compensation in the form of a refund.

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About shipping

